Canoe-Kayak Adventure

Canoeing and kayaking are excellent way to get afloat and enjoy the beautiful surroundings of the Llanberis valley. From our lakeshore base, we have easy access to the sheltered waters of Llyn Padarn. Our half-day sessions are a great way to learn the basics of this enjoyable sport, and are a good choice for all ages and abilities.

Canoeing and kayaking – what's the difference?
The difference is simple; in canoes we use a single bladed paddle, double-bladed in kayaks. Canoes and kayaks come in all shapes and sizes. Ours are traditional Canadian canoes, which can be paddled in pairs or solo. We have three different types of kayak at Surf-Lines: sit-on-tops, white water kayaks and sea kayaks. We have a boat suitable for you, whatever your aims and ability.

Sounds good – tell me more…
Our Canoe-kayak Adventure sessions are an ideal choice if you're new to the sport or are looking for an enjoyable activity suitable for the whole family. From our lakeshore base we'll kit you out in wetsuits and/or waterproofs (according to the weather) and step across the road to the lakeshore – getting afloat couldn't be easier. During the session we'll introduce some new skills, organise a few games and exercises and make a short journey to a quiet corner of the lake. The view of Snowdon from the middle of the lake is the best in the whole valley! There's also the chance to try a variety of different boats during your activity session.

I'm a bit nervous of going afloat.
No problem – our experienced instructors will take good care of you. We'll choose a stable canoe/kayak for you, with no capsize worries. You'll wear a wetsuit and buoyancy aid to keep you afloat, so you don't even need to able to swim!

We'd like to paddle together, but there are different abilities in our group.
That's fine – we have a wide range of canoes and kayaks available. Newcomers can easily enjoy sit-on kayaks or Canadian canoes, while more experienced paddler scan test their skills in white water kayaks or sea kayaks.

I'd like to paddle for a full day and learn more skills.
That's OK – we can often arrange a full day of activities, with a greater emphasis on skills training. If you're looking for a stepping stone to our range of skills courses – including white water and sea kayaking – a full day of canoeing and kayaking is a great starting point.

I don't want to do a full day, can I just do a taster?
In the summer months we run 2hr Action Kayak taster sessions which are ideally suited to giving you a quick experience on the water to see if you like it. We run these three times a day during the main holiday periods.

I've never paddled before but a want an exciting, adventure paddle!

Canoe-Kayak Adventure

Check out our Ocean Adventure day which combines coasteering with sit-on kayaking on the west coast of Anglesey. In calm conditions we explore the cliffs and caves of Trearddur Bay - if it's rough we run surf sessions on these versatile craft.

You should bring the following items each day:

- Thin layers to wear under your wetsuit/waterproofs – synthetic layers or thin fleeces are warmer than cotton when wet.
- An old pair of trainers or wetsuit boots to wear while afloat.
- A warm hat, peaked cap and sun cream – to cover all weather possibilities!
- If you have a waterproof camera, bring it along to capture the moment!

Timings:

Please aim to arrive 15 minutes before the start of your chosen session.

- morning sessions start at 9.30am and run until 12.30pm
- afternoon sessions start at 1.30pm and run until 4.30pm

Fitness and Health:

There's no need to be super-fit – these activities are open to all ages and abilities. You should, however, have a reasonable basic level of fitness, and need to advise us of any medical conditions or injuries that might affect your ability to participate in the activity. We'll ask you to complete a health awareness form at the start of the course.

Our adventure courses are open to anyone age 8 or over – if any of your party is under that age but you still wish to join one of our courses, please contact us for further advice.

The Surf-Lines company has public and employers' liability insurance of £5 million. Your booking does not include personal travel or accident insurance – please contact your insurer for details of available cover.

Insurance:

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Accommodation:

We are a non-residential activity centre – our website provides details of accommodation options in the Llanberis area. Go to www.surf-lines.co.uk for further information, or contact us for advice.